

Necessary Illusions

Finding your personal myth through cinema

The meaning of my existence is that life is asking me a question. Or, vice or versa, I am myself a question asked to the world. I must produce my answer, otherwise, i am reduced to the answer that will give me the world.

Carl Gustav Jung

Jung defines the Individuation process as an expression of our own originality through collective and universals attraction point called archetypes. He also said that each of us is a personal question asked to the world. This workshop explores our encounters with cultural objects like movies and see how the help us in finding our unique question and originality in the world.

Learning Objectives:

1. The concept of cultural synchronicity, the encounters with cultural objects like a movie that as a profound impact in our life and transform our view of the world. We will look at the particular timing when theses movies enter in our life.
2. Introduction to the personal filmography: Using movie as guide for individuation, we will learn how to translate the archetypes of our favorites movies in our live. Inspired by the hero journey of the Matrix and Star Wars we will look at the main attraction point that represent the archetypes.
3. Explore the sensibility to initial condition of any story or human life. We will learn how to decode the symbolic patterns inscribe in the beginning of some movies to find how they express, as a fractal, the main attraction theme of the story or a life.
4. Learn how to do some "workout" with the images we ingest every day and learn how to exercise our psyche like we do with our body.

Workshop Leader: Jean-François Vezina is a clinical psychologist in Quebec. He was president of the Jungian society of Quebec for seven years and the animator and producer of the radio show Projections: Psychology and cinema about symbols in the movies. He is also an international lecturer and a musician. www.jfvezina.net/jfv

Aika ja paikka: 28.4.2012 klo 10–15, Helsinki (tarkentuu myöhemmin)

Hinta: 180€, sis kahvitarjoilun (yhdessä Necessary Chances workshopin kanssa 300€)
+ 23% alv

Ilmoittautuminen: 1.4 2012 mennessä, (ryhmäkoko rajattu) metanoia@metanoia.fi

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